

2024年度 入学 短期大学部 地域生活支援学科 介護福祉コース専門的能力要素 評価指標
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			Benchmark Level1	Milestone Level2	Milestone Level3	Capstone Level4以上
Professional competency elements	Authentic human ability to act independently and autonomously 【Attitude and Intentionality】	【Common to courses】 Students have the ability to proactively and independently study a complex field that spans food, welfare, and multiculturalism, and to utilize the "horizontal connections of knowledge and skills" to support people's lives.	・I am aware and conscious that my future work will involve providing support to people living in the local community. ・I recognize the need for horizontal connections between knowledge and skills in the fields of "dietary habits," "welfare lifestyle," and "diversity of life in multicultural environments" in order to support people's daily lives, and I am interested in acquiring such connections. ・I am interested in thinking about the importance of "life (living)," "the importance of daily living (safe and secure daily activities)," and "the way life should be (each stage of life from birth to death)" in order to support people's daily lives.	・I can think about methods of support activities for people living in the community, applying the knowledge and skills I am currently studying to a certain extent in concrete terms. ・I will proactively utilize the specialized knowledge and skills in my areas of specialization, such as "dietary lifestyles," "welfare lifestyles," or "multicultural lifestyles," in order to provide life support to people, and I have the flexibility to respond in a variety of ways by combining knowledge and communication with people from other fields. ・I will be able to plan support activities to help people live safe and secure lives, effectively linking the knowledge and skills I have studied to suit the life stages, lifestyle preferences, and lifestyles of the people involved.	・I can clearly demonstrate how I can use the knowledge and skills I have acquired to contribute to support activities for local residents and community revitalization activities. ・I can proactively and proactively respond to specific support activities for people's daily lives by combining the knowledge and skills I have specialized in such as "dietary habits", "welfare lifestyle" or "multicultural lifestyle" with knowledge from other areas. ・I can accurately apply the knowledge and skills I have learned to create practical proposals and plans for support activities to help people live safe and secure lives, in accordance with the life stage, lifestyle preferences and lifestyle of the recipients.	・I can clearly think about how I can utilize the specialized knowledge and skills I have acquired to support local residents and contribute to local revitalization, draw up a grand design for my future career, and clearly present it as a specific job type. ・I can put into practice the knowledge and skills I have specialized in "diet," "welfare life," or "multicultural life" in collaboration with knowledge in other areas and with people from different fields to carry out life support activities for local people. ・I can accurately and flexibly apply the knowledge and skills I have learned in practice to support local people in living a safe and secure life, responding to each life stage and diverse lifestyles of the target people.
		【care welfare course】 Students will be able to empathize with others and acquire a perspective on human rights and professional ethics. ① Students will be able to understand, empathize with and accept the other person's position. ・Able to acquire a rich sensibility and the manners of a member of society. ② Students will be able to maintain human dignity and understand the need to support independent (disciplined) lives. ③ Students will be able to understand the professional ethics of a care worker and the system for protecting rights. ・Able to understand the obligations of care workers. ・Able to understand the ethical code for care workers.	・Although I do not yet have a rich sense of sensitivity or deep insight into human beings, I am able to understand the other person's position and have some manners appropriate for a member of society. ・I can understand somewhat about the need to maintain human dignity and support independent (disciplined) lives. ・My understanding of the protection of rights and ethical codes is not sufficient, but I can understand the obligations of a certified care worker.	・I have a rich sensibility, deep insight into human beings, can understand the other person's position, and have acquired to a certain extent the manners required of a member of society. ・I can understand to some extent the need to maintain human dignity and support independent (disciplined) lives. ・I can understand to some extent about the protection of rights and codes of ethics, and can understand the obligations of a certified care worker.	・I have generally acquired a rich sensibility, deep insight into human beings, the ability to understand the other person's position, and proper manners as a member of society. ・I can generally understand the need to maintain human dignity and support independent (disciplined) lives. ・I can generally understand the protection of rights and codes of ethics, and can understand the obligations of a certified care worker.	・I have a rich sensibility, deep insight into human beings, can understand the other person's position, and am fully equipped with the manners of a member of society. ・I can fully understand the need to maintain human dignity and support independent (disciplined) lives. ・I can fully understand the protection of rights and codes of ethics, and can understand the obligations of a certified care worker.
		【care welfare course】 Students will be able to provide user-centered services and understand the need for a team approach through multi-disciplinary collaboration. ① Students will be able to understand the psychology of people requiring care and their families. ・Able to have deep insight into human beings. ② Students will be able to understand the work content, functions, and roles of health, medical, welfare, etc. professionals. ・Able to understand the need for reporting, communication, and consultation within an organization. ③ Able to use a team approach in facilities and at home, and to report, communicate, and consult.	・I can understand somewhat about the work content, functions and roles of health, medical, welfare and other professionals. ・I can understand to some extent the need for reporting, contact and consultation within an organisation. ・I do not fully understand team approach methods in facilities and at home, but I can understand and explain some of the significance and purpose of collaboration between related professions.	・I can understand to some extent the work content, functions and roles of health, medical, welfare etc. professionals. ・I can roughly understand the need for reporting, communication and consultation within an organisation. ・I can understand to a certain extent the methods of team approach in facilities and at home, and the significance and purpose of collaboration with other related professions.	・I can generally understand the work content, functions and roles of health, medical, welfare and other professionals. ・I can generally understand the need for reporting, communication and consultation within an organisation. ・I can generally understand team approach methods in facilities and at home, and the significance and purpose of collaboration with other related professions.	・I fully understand the functions and roles of multiple professions, and can understand the need for a collaborative team approach. ・I can fully understand the need for reporting, communication, and consultation within an organization. ・I can fully understand team approach methods in facilities and at home, and the significance and purpose of related interprofessional collaboration.

Basic skills as a ptofessional with liberal arts 【Knowledge and Understanding】	【Common to courses】 Students have comprehensive knowledge and skills that combine the fields of life science, which is based on the daily necessities of life, such as food, clothing, and shelter, with the humanities, social sciences, and natural sciences, and are closely aligned with the characteristics of the local area.	・I will be able to study with an interest in local culture such as food, clothing, and housing, and I will be able to think about how I can use this to support the daily lives of local people. ・I will be able to study with an interest in the humanities, social sciences, and natural sciences (liberal arts) as general education, and I will be able to think about how I can use this to support the daily lives of local people. ・I will be able to understand the importance of fusing local culture with different cultures and playing an active role in a seamless international society.	・I understand what I have learned about local cultures such as food, clothing and shelter, and can show specifically how this can be used to support daily life for local people. ・I understand what I have learned about the humanities, social sciences and natural sciences (liberal arts) as general education, and can show specifically how this can be used to support daily life for local people. ・I can think of and show specifically how to combine local cultures such as food, clothing and shelter with knowledge of the humanities, social sciences and natural sciences to utilize them in a comprehensive manner in daily life support activities for local people.	・I am able to utilize, to some extent, practically what I have learned about local cultures such as food, clothing, and shelter as a method of providing daily life support to local people. ・I am able to utilize, to some extent, practically what I have learned in the humanities, social sciences, and natural sciences (liberal arts) as general education methods of providing daily life support to local people. ・I am able to combine local cultures such as food, clothing, and shelter with knowledge of the humanities, social sciences, and natural sciences in a somewhat integrated manner as a method of utilizing these in daily life support activities for local people.	・I am confident that I can play an active role in society as a life support professional by naturally utilizing the extensive educational knowledge I have acquired while respecting the local living characteristics of the region and the diverse ways of thinking and lifestyles of the people. ・I can put the educational knowledge I have acquired into practice and, with a flexible approach full of a spirit of hospitality, present a grand image (life plan) of a specific career that allows me to contribute to society and provide life support to local people as a professional in the fields of "food," "welfare," and "multiculturalism." ・I have a strong determination to take up a specific career as a life support professional, aiming to improve the quality of life (QOL) of local people, while comprehensively combining local cultural knowledge of food, clothing, shelter, etc. with basic educational knowledge in the humanities, social sciences,
	【care welfare course】 Students will acquire basic knowledge and skills common to all nursing care situations. ① Students will be able to acquire and explain knowledge and skills of daily living concepts and lifestyle support toward independence. ・Able to understand knowledge and methods of lifestyle support techniques, nursing care prevention, and lifestyle assistance (household assistance) in everyday life toward independence. ② Students will be able to understand the medical knowledge and psychology necessary for nursing care. ③ Students will be able to understand social security measures related to nursing care (long-term care insurance system, Comprehensive Support for Persons with Disabilities Act, etc.). ・Able to understand other systems and measures related to nursing care. ④ Students will be able to understand the care	・I can understand some knowledge and methods of concepts of daily living, ideas about daily living support, and knowledge and methods of daily living support techniques (care prevention, daily living assistance) in everyday life toward independence. ・I can understand some medical knowledge and psychology necessary for care. ・I do not have a sufficient understanding of the long-term care insurance system, care management systems, and other related systems and policies, but I can understand to some extent the social security system related to care and the Comprehensive Support for Persons with Disabilities Act, etc.	・I can understand to a certain extent and put into practice the concept of daily living, the idea of daily living support, and knowledge and methods of daily living support techniques (care prevention, daily living assistance) in everyday life toward independence. ・I can understand to a certain extent the medical knowledge and psychology necessary for care. ・I can roughly understand the long-term care insurance system, care management systems, other related systems and policies, social security systems related to care, the Comprehensive Support for Persons with Disabilities Act, etc.	・I can generally understand and put into practice knowledge and methods regarding concepts of daily living, ideas about daily living support, and knowledge and methods of daily living support techniques (care prevention, daily living assistance) in everyday life toward independence. ・I can generally understand and put into practice the medical knowledge and psychology necessary for care. ・I can generally understand the long-term care insurance system, care management systems, other related systems and policies, social security systems related to care, the Comprehensive Support for Persons with Disabilities Act, etc.	・I can understand and practice the concept of daily living, the idea of daily living support, and knowledge and methods of daily living support techniques (care prevention, daily living assistance) in everyday life toward independence. ・I can understand and practice the medical knowledge and psychology necessary for care. ・I can understand the long-term care insurance system, care management systems, other related systems and policies, social security systems related to care, the Comprehensive Support for Persons with Disabilities Act, etc.
	【care welfare course】 Students will understand the significance and purpose of the nursing care process and be able to perform appropriate assessments for users. ① When conducting assessments, Students will be able to understand the ICF (International Classification of Functioning, Disability and Health) and consider future predictions. ・Able to understand the significance and purpose of the nursing care process. ・Able to understand the need for assessment. ・Able to bring out the latent abilities of users and perform assessments that are appropriate for them. ・Able to explain future predictions for the user's life. ② Students will be able to draw up nursing care plans based on assessments. ・Able to explain the rationale for these when providing nursing care. ③ Students will be able to understand the knowledge and methods for utilizing self-help devices and welfare equipment to promote independence. ・Able to understand the knowledge and methods of lifestyle support to promote self-actualization for users.	・I can understand to some extent the significance and purpose of the care process. ・I am unable to draw up a care plan based on assessment, but I can understand to some extent the need for assessment, the ICF, and appropriate assessments for users. ・I can explain to some extent the basis for caregiving practice. ・I am not fully aware of the methods for utilizing self-help devices and welfare equipment to promote independence, but I can understand the knowledge required. ・I can understand some knowledge and methods of lifestyle support to promote self-actualization for users.	・I can generally understand the significance and purpose of the nursing care process. ・I can understand somewhat about drawing up nursing care plans based on assessments, and am generally able to understand the need for assessments, the ICF, and appropriate assessments for users. ・I can generally explain the basis for nursing care practice. ・I understand the knowledge needed to utilize self-help devices and welfare equipment to promote independence, and can generally use them. ・I can generally understand the knowledge and methods of lifestyle support aimed at self-actualization for users.	・I can generally understand the significance and purpose of the nursing care process. ・I can generally understand the formulation of nursing care plans based on assessment, and can understand the need for assessment, the ICF, and the assessments that are appropriate for the user. ・I can generally explain the basis for nursing care practice. ・I understand the knowledge needed to utilize self-help devices and welfare equipment to promote independence, and can generally use them. ・I can generally understand the knowledge and methods of lifestyle support to promote self-actualization for users.	・I can understand the significance and purpose of the nursing care process. ・I can understand the development of nursing care plans based on assessment, the need for assessment, the ICF, and assessments appropriate for each user. ・I can explain the basis for nursing care practice. ・I can understand and utilize knowledge for utilizing self-help devices and welfare equipment to promote independence. ・I can fully understand knowledge and methods of lifestyle support to promote self-actualization for users.

Generic skills as a professional (Skills and Expressions)	【Common to courses】 Students will have versatile knowledge across food, welfare and multiculturalism that can be applied to deal with any changes in circumstances and with any people, as well as widely applicable skills and the ability to act as a concierge who can provide organic life support with a flexible humanity.	<ul style="list-style-type: none">· In my studies of "food," "welfare," and "multiculturalism," I am interested in studying other areas that can be used in collaboration, in addition to the main knowledge and skills I will need when providing livelihood support to local people in the future.· I understand that livelihood support activities for local people require cooperation between experts (professionals) in a single field and experts in many different related fields.· I have a strong desire to use my professional knowledge and skills to provide livelihood support to local people, while collaborating with experts in different related academic fields.	<ul style="list-style-type: none">·In my studies of "food," "welfare," and "multicultural studies," I am not only acquiring the main knowledge and skills I will need if I work to support local people in the future, but I am also studying other areas that can be used in collaboration.· I am making progress in my studies to be able to work to support people's lives, making use of my own expertise and drawing on knowledge and skills from different related fields, while responding flexibly to the characteristics of the region and its people's diverse ways of thinking and lifestyles.· While collaborating with people who are studying to work as experts in different related academic fields, I am making good progress in acquiring the knowledge and skills of a professional providing life support to local people.	<ul style="list-style-type: none">·Through my studies of "food," "welfare," and "multicultural studies," I have acquired a wide range of support abilities, including basic knowledge and skills in other fields that can be used in collaboration, in addition to the main knowledge and skills I will need when I provide daily life support activities to local people in the future.· I have acquired the ability to provide a wide range of daily life support activities to people, responding flexibly to the characteristics of the region and the diverse ways of thinking and lifestyles of the people living there, while making use of my own expertise and drawing on knowledge and skills from different related fields.· While collaborating with people who are studying to work as experts in different related academic fields, I am also making good progress in acquiring the knowledge and skills required to be a general-purpose expert (concierge) in providing daily life support to local people.	<ul style="list-style-type: none">·Through my studies in "food," "welfare," and "multicultural studies," I have acquired not only the knowledge and skills that are fundamental for my future life support activities for local people, but also basic knowledge and skills in other fields that can be used in collaboration, giving me a wide range of life support abilities as a professional and as a pan-professional.· I am aware of my role as a concierge who can provide a wide range of life support activities for people, making use of my own expertise while drawing on knowledge and skills from different related fields, responding flexibly to the characteristics of the region and the diverse ways of thinking and lifestyles of the people living there.· I have been able to acquire and accumulate a wide range of knowledge and skills that will enable me to provide a wide range of life support to local people as a general-purpose expert (concierge), by cooperating and cooperating while making use of my own expertise, in collaboration with people who are studying to work as experts in different related academic fields.
	【care welfare course】 Students will be able to collect and analyze information about users and understand how to create, implement and evaluate care plans. ① Students will be able to communicate with users in a way that builds a trusting relationship. <ul style="list-style-type: none">· Able to understand the overview of verbal, semi-verbal and non-verbal communication.· Able to acquire and practice knowledge and skills for communicating in different forms.· Able to acquire and practice communication techniques necessary for team care. ② Students will be able to understand the entire flow of the nursing care process and explain the differences between the nursing care process at home and in facilities. ③ Students will be able to understand the need for records and be able to record and write accurately. <ul style="list-style-type: none">· Able to record with the 5W1H in mind.· Able to use a computer in nursing care work.	<ul style="list-style-type: none">·I cannot say that I am fully capable of communicating according to form and in team care in order to build a trusting relationship with users, but I can understand to some extent the general outlines of verbal, semi-verbal, and non-verbal communication.· I cannot explain the nursing care process at home and in facilities, but I can explain a little about the series of steps in the nursing care process.· I cannot say that I am yet able to accurately record and write, but I can understand the need to keep records.· I cannot say that I am yet able to use a computer in nursing care work, but I can understand the need to record with the 5W1H in mind.	<ul style="list-style-type: none">·I am generally able to communicate according to the type of care and as needed for team care, in order to build a trusting relationship with the user. I can also roughly understand the outlines of verbal, semi-verbal, and non-verbal communication.· I can explain a little about the nursing care process at home and in facilities, and can roughly explain the entire process of the nursing care process.· I can make some accurate records and descriptions, and can understand the need for records.· I can somewhat use a computer in nursing care work, but I can generally record with the 5W1H in mind.	<ul style="list-style-type: none">·I am generally able to communicate as needed for different types of care and for team care, in order to build a trusting relationship with users. I can also generally understand the outlines of verbal, semi-verbal, and non-verbal communication.· I can generally explain the nursing care process at home and in facilities, and can generally explain the entire process of the nursing care process.· I understand the need to keep records, and am generally able to record and write accurately.· I am generally able to use a computer in nursing care work, and record with the 5W1H in mind.	<ul style="list-style-type: none">·I can communicate according to the type of care and as needed for team care, in order to build a trusting relationship with users. I can also understand the basics of verbal, semi-verbal, and non-verbal communication.· I can explain the nursing care process at home and in facilities, and the entire process.· I can understand the need for records and can record and write accurately.· I can use a computer in nursing care work, and record with the 5W1H in mind.
	【care welfare course】 Students will be able to acquire and practice nursing care support techniques aimed at independence, according to the living situation of the user. ① Students will be able to understand methods of nursing care practice in the various living situations of users and be able to utilize self-help devices and welfare equipment. <ul style="list-style-type: none">· Able to practice nursing care and nursing care prevention techniques according to the user's situation. ② Students will be able to accurately record and report the nursing care provided, reflect on it, and utilize the information in future nursing care. ③ Students will be able to acquire knowledge and skills related to medical care and be able to safely and appropriately perform sputum suction, etc.	<ul style="list-style-type: none">· I can understand some aspects of care practice in the diverse living environments of users.- I can make some use of self-help devices and welfare equipment that are appropriate for users and aim for independence.- I can practice some care prevention and care techniques that are appropriate for the user's situation.- I can some extent record and report on the care I have provided, and can look back on it and apply it to the next care.- I understand some of the aims and basic knowledge of medical care.	<ul style="list-style-type: none">·I can understand to some extent how care should be practiced in the diverse living environments of users.· I can make some use of self-help devices and welfare equipment suitable for users to promote independence.· I can practice to some extent care and care prevention techniques according to the user's situation.· I can record and report to some extent the care I have provided, and can look back on it and use it to some extent in the next care.· I understand the aims and basic knowledge of medical care, and have acquired some ability to perform sputum suction, etc. safely and appropriately.	<ul style="list-style-type: none">·I can generally understand how care should be practiced in the diverse living environments of users.· I can generally utilize self-help devices and welfare equipment appropriate for users to promote independence.· I can generally practice care and care prevention techniques according to the user's situation.· I can generally accurately record and report the care I have provided, reflect on it, and use it in the next care.· I can generally understand the aims and basic knowledge of medical care, and can perform sputum suction, etc. safely and appropriately.	<ul style="list-style-type: none">·I can understand how care should be practiced in the diverse living environments of users.· I can utilize self-help devices and welfare equipment appropriate for users to promote independence.· I can practice care and care prevention techniques according to the user's situation.· I can accurately record and report the care I have provided, reflect on it, and use it in the next care.· I can understand the aims and basic knowledge of medical care, and perform sputum suction, etc. safely and appropriately.

Ability to support and create local life 【Behavior, Experience and Creative thinking】	【Common to courses】 Students acquire the ability to view life as a whole by scientifically analyzing and understanding the elements of life, and have the creative thinking based on their experience, and are equipped with the skills required to become life support professionals who "learn in multiple areas and work in multiple areas."	・ I understand that in order to revitalize the community and provide life support activities, it is necessary to scientifically analyze data on people's actual living conditions. ・ I recognize that the lifestyles of local people are extremely diverse and cannot be understood by only catching a glimpse of one aspect, and that the ability to take a broad, bird's-eye view of the broader aspects of life (life, living, existence) is necessary. ・ I recognize that in order to apply the basic knowledge and skills I am currently learning to practical life support activities, I need experiential knowledge and skills based on experience.	・I can use specific methods such as data collection and scientific analysis techniques to revitalize the community and provide support to people's daily lives. ・ I am beginning to acquire the ability to respond to the extremely diversified lifestyles of local people from a bird's-eye view by combining multiple levels of support for "life," "living," and "way of living" based on "food," "welfare," and "multiculture." ・ In addition to the basic knowledge and skills I am currently learning through classroom learning (mainly lectures), I am beginning to acquire experiential knowledge and skills from exercises and practical training.	・I am able to draw up and plan specific plans for collecting data from a wide range of fields and analyzing it in order to revitalize the community and support people's daily lives from a scientific perspective. ・ I am able to think and study from multiple perspectives, effectively combining the levels of support for "life," "living," and "way of living" with "food," "welfare," and "multiculture" as the foundations of life, in order to provide support activities that respond to the extremely diverse lifestyles of local people. ・ I have steadily acquired practical knowledge and skills through experiential exercises and practical classes on campus, and especially through off-campus community collaboration activities.	・I am able to carefully consider the results obtained from the collection and analysis of data from a wide range of fields in order to revitalize the community and support people's daily lives from a scientific perspective, and then come up with innovative ideas to embark on more effective support activities for people based on my own ideas. ・ In order to flexibly respond to the extremely diversified lifestyle orientations of local people and carry out support activities, I am able to take practical action in a multifaceted manner by effectively combining the levels of support for "life," "living," and "way of living" based on "food," "welfare," and "multiculture." ・ I have the practical abilities to be active in the real world as a life support professional, with the aim of engaging in community revitalization activities on campus, and especially off-campus, and improving people's quality of life (QOL).
	【care welfare course】 Students will understand the obligations of a certified care worker and be able to act with an advocacy perspective and high ethical standards. ① Students will be able to put themselves in the other person's shoes and always act from the user's perspective. ② Students will be able to maintain the dignity of the user and have a certified care worker's view of care. ③ Students will be able to implement and evaluate in accordance with a care plan.	・I have some understanding of the obligations and ethical standards of certified care workers, and am able to put myself in the other person's shoes and always act from the user's perspective. ・ I can maintain the dignity of users and have some perspective on care as a certified care worker. ・ I am able to implement and evaluate care plans in accordance with some aspects.	・I understand the obligations and ethical standards of certified care workers, and am able to put myself in the other person's shoes and always act with the user's perspective in mind. ・ I am able to maintain the dignity of users and have a certified care worker's perspective on care to a certain extent. ・ I am able to implement and evaluate care plans to a certain extent.	・I understand the obligations and ethical standards of certified care workers, and am generally able to put myself in the other person's shoes and always act with the user's perspective in mind. ・ I am generally able to maintain the dignity of users and have a certified care worker's perspective on care. ・ I am generally able to implement and evaluate care plans in accordance with them.	・I understand the obligations and ethical standards of certified care workers, and am able to put myself in the other person's shoes and always act with the user's perspective. ・I am able to respect the dignity of users and have a certified care worker's view of care. ・I am able to implement and evaluate care plans in accordance with them.
	【care welfare course】 Students will be able to understand the roles of other professions and participate in a team. ① Students will be able to participate in a team and adopt a team approach through collaboration with colleagues and multiple professions. ② Students will be able to express their opinions as care workers. ③ Students will be able to take on leadership roles.	・I try to understand the roles of other professions and strive to be able to adopt a team approach through collaboration between colleagues and multiple professions. ・ I feel anxious about expressing my opinions within a team, but I do have opinions as a certified care worker. ・ I lack confidence in teams of people from other professions, but I am able to express some opinions among my colleagues.	・I understand the roles of other professions and am somewhat able to implement a team approach through collaboration between colleagues and multiple professions. ・ As a care worker, I am somewhat able to express my opinions within a team. ・ I am somewhat able to express my opinions within teams of other professions and among my colleagues.	・I understand the roles of other professions and am generally able to implement a team approach through collaboration between colleagues and multiple professions. ・ I am generally able to express my opinions as a certified care worker. ・ I am generally able to take on leadership roles within a team with colleagues and other professions.	・I can understand the roles of other professions and adopt a team approach through collaboration between colleagues and multiple professions. ・ I can confidently express my opinions as a certified care worker. ・ I can take on leadership roles within a team with colleagues and other professions.