

		Benchmark Level1	Milestone Level2	Milestone Level3	Capstone Level4以上	
専門的能力要素	Authentic human ability to act independently and autonomously 【Attitude and Intentionality】	【Common to courses】 Students have the ability to proactively and independently study a complex field that spans food, welfare, and multiculturalism, and to utilize the "horizontal connections of knowledge and skills" to support people's lives.	・I am aware and conscious that my future work will involve providing support to people living in the local community. ・I recognize the need for horizontal connections between knowledge and skills in the fields of "dietary habits," "welfare lifestyle," and "diversity of life in multicultural environments" in order to support people's daily lives, and I am interested in acquiring such connections. ・I am interested in thinking about the importance of "life (living)," "the importance of daily living (safe and secure daily activities)," and "the way life should be (each stage of life from birth to death)" in order to support people's daily lives.	・I can think about methods of support activities for people living in the community, applying the knowledge and skills I am currently studying to a certain extent in concrete terms. ・I will proactively utilize the specialized knowledge and skills in my areas of specialization, such as "dietary lifestyles," "welfare lifestyles," or "multicultural lifestyles," in order to provide life support to people, and I have the flexibility to respond in a variety of ways by combining knowledge and communication with people from other fields. ・I will be able to plan support activities to help people live safe and secure lives, effectively linking the knowledge and skills I have studied to suit the life stages, lifestyle preferences, and lifestyles of the people involved.	・I can clearly demonstrate how I can use the knowledge and skills I have acquired to contribute to support activities for local residents and community revitalization activities. ・I can proactively and proactively respond to specific support activities for people's daily lives by combining the knowledge and skills I have specialized in such as "dietary habits", "welfare lifestyle" or "multicultural lifestyle" with knowledge from other areas. ・I can accurately apply the knowledge and skills I have learned to create practical proposals and plans for support activities to help people live safe and secure lives, in accordance with the life stage, lifestyle preferences and lifestyle of the recipients.	・I can clearly think about how I can utilize the specialized knowledge and skills I have acquired to support local residents and contribute to local revitalization, draw up a grand design for my future career, and clearly present it as a specific job type. ・I can put into practice the knowledge and skills I have specialized in "diet," "welfare life," or "multicultural life" in collaboration with knowledge in other areas and with people from different fields to carry out life support activities for local people. ・I can accurately and flexibly apply the knowledge and skills I have learned in practice to support local people in living a safe and secure life, responding to each life stage and diverse lifestyles of the target people.
		【Multicultural Course】 Students will autonomously address improving the happiness and living conditions of diverse people while understanding and inheriting the regional culture. ◎Students will actively interact with local people. ◎Students will think about people's happiness. ◎Students will show the outcomes by own resourcefulness.	・I can think about what culture is and what makes people happy. ・I can follow instructions and prepare in advance for local study experiences.	・I can understand the differences between Japanese culture and the culture of other countries. ・ I can think about what kind of problems cultural differences are causing or have caused. ・ I will be able to think about the relationship between globalization and different cultures.	・I can examine the meaning of happiness and think for myself about ways to improve my life based on my interactions with people in the local community and people from overseas.	・I can publicly present my thoughts about local and global cultures.
		【Multicultural Course】 Students will be good humanity to actively participate in the international community, with carefully observing the trends of the global society. ◎Students will accurately understand the international movement of society through the media etc. ◎Students will objectively think about the international situation. ◎Students will catch the movements of society by themselves.	・I can develop the habit of observing world events by using newspapers, the web, etc. Also, I can hone the skills necessary for interacting with people from around the world and think about how to integrate into society.	・I can examine media information and consider the relationship between world events and Japanese culture and customs.	・I can summarize important events in the international community and find differences with their own thoughts.	・I can summarize important events in the international community, raise issues and present my own ideas for solutions.

<p>Basic skills as a professional with liberal arts</p> <p>【Knowledge and Understanding】</p>	<p>【Common to courses】</p> <p>Students have comprehensive knowledge and skills that combine the fields of life science, which is based on the daily necessities of life, such as food, clothing, and shelter, with the humanities, social sciences, and natural sciences, and are closely aligned with the characteristics of the local area.</p>	<p>・I will be able to study with an interest in local culture such as food, clothing, and housing, and I will be able to think about how I can use this to support the daily lives of local people.</p> <p>・I will be able to study with an interest in the humanities, social sciences, and natural sciences (liberal arts) as general education, and I will be able to think about how I can use this to support the daily lives of local people.</p> <p>・I will be able to understand the importance of fusing local culture with different cultures and playing an active role in a seamless international society.</p>	<p>・I understand what I have learned about local cultures such as food, clothing and shelter, and can show specifically how this can be used to support daily life for local people.</p> <p>・I understand what I have learned about the humanities, social sciences and natural sciences (liberal arts) as general education, and can show specifically how this can be used to support daily life for local people.</p> <p>・I can think of and show specifically how to combine local cultures such as food, clothing and shelter with knowledge of the humanities, social sciences and natural sciences to utilize them in a comprehensive manner in daily life support activities for local people.</p>	<p>・I am able to utilize, to some extent, practically what I have learned about local cultures such as food, clothing, and shelter as a method of providing daily life support to local people.</p> <p>・I am able to utilize, to some extent, practically what I have learned in the humanities, social sciences, and natural sciences (liberal arts) as general education methods of providing daily life support to local people.</p> <p>・I am able to combine local cultures such as food, clothing, and shelter with knowledge of the humanities, social sciences, and natural sciences in a somewhat integrated manner as a method of utilizing these in daily life support activities for local people.</p>	<p>・I am confident that I can play an active role in society as a life support professional by naturally utilizing the extensive educational knowledge I have acquired while respecting the local living characteristics of the region and the diverse ways of thinking and lifestyles of the people.</p> <p>・I can put the educational knowledge I have acquired into practice and, with a flexible approach full of a spirit of hospitality, present a grand image (life plan) of a specific career that allows me to contribute to society and provide life support to local people as a professional in the fields of "food," "welfare," and "multiculturalism."</p> <p>・I have a strong determination to take up a specific career as a life support professional, aiming to improve the quality of life (QOL) of local people, while comprehensively combining local cultural knowledge of food, clothing, shelter, etc. with basic educational knowledge in the humanities, social sciences, and</p>
	<p>【Multicultural Course】</p> <p>Students will acquire the necessary abilities and language skills (English, Hangul, Chinese, etc.) with humanity to go out into the world.</p> <p>①Students will find a way to learn foreign languages suitable for themselves.</p> <p>②Students will speak actively to foreign students and researchers, and explain their own opinions.</p> <p>③Students will communicate with foreign students and visitors in foreign languages, with including technical terms.</p>	<p>・ I am learning everyday language such as English, Chinese, or Korean while reviewing the correct usage of Japanese.</p> <p>・ I am considering ways to learn foreign languages on a daily basis and finding a method that suits me.</p>	<p>・I can use my chosen foreign language to communicate on a daily basis with international students and visitors.</p>	<p>・I can use the foreign language I have chosen to learn specialized terminology related to food and welfare.</p>	<p>・I can present on a specific topic of my choice using the foreign language of my choice.</p>
	<p>【Multicultural Course】</p> <p>Students will understand foreign and Japanese culture obediently, and accurately collect and communicate information to be a person with recognizing each other.</p> <p>①Students will understand the characteristics of Japanese culture.</p> <p>②Students will understand different cultures from foreign students and visitors and can compare with Japanese culture.</p> <p>③Students will extract the specificity of Japanese culture and explain in foreign languages.</p>	<p>・ I have developed the habit of checking information resources such as newspapers and the web.</p> <p>・ I make notes on important events each day and save them as a file.</p>	<p>・I can interact with international students and visitors and spread the unique features of Japanese culture.</p>	<p>・I will foster an environment where I can use my chosen foreign language to discuss culture with international visitors.</p>	<p>・I can use my chosen foreign language to discuss cultures with international students and visitors from abroad.</p>

Generic skills as a professional (Skills and Expressions)	【Common to courses】 Students will have versatile knowledge across food, welfare and multiculturalism that can be applied to deal with any changes in circumstances and with any people, as well as widely applicable skills and the ability to act as a concierge who can provide organic life support with a flexible humanity.	<ul style="list-style-type: none">• In my studies of "food," "welfare," and "multiculturalism," I am interested in studying other areas that can be used in collaboration, in addition to the main knowledge and skills I will need when providing livelihood support to local people in the future.• I understand that livelihood support activities for local people require cooperation between experts (professionals) in a single field and experts in many different related fields.• I have a strong desire to use my professional knowledge and skills to provide livelihood support to local people, while collaborating with experts in different related academic fields.	<ul style="list-style-type: none">• In my studies of "food," "welfare," and "multicultural studies," I am not only acquiring the main knowledge and skills I will need if I work to support local people in the future, but I am also studying other areas that can be used in collaboration.• I am making progress in my studies to be able to work to support people's lives, making use of my own expertise and drawing on knowledge and skills from different related fields, while responding flexibly to the characteristics of the region and its people's diverse ways of thinking and lifestyles.• While collaborating with people who are studying to work as experts in different related academic fields, I am making good progress in acquiring the knowledge and skills of a professional providing life support to local people.	<ul style="list-style-type: none">• Through my studies of "food," "welfare," and "multicultural studies," I have acquired a wide range of support abilities, including basic knowledge and skills in other fields that can be used in collaboration, in addition to the main knowledge and skills I will need when I provide daily life support activities to local people in the future.• I have acquired the ability to provide a wide range of daily life support activities to people, responding flexibly to the characteristics of the region and the diverse ways of thinking and lifestyles of the people living there, while making use of my own expertise and drawing on knowledge and skills from different related fields.• While collaborating with people who are studying to work as experts in different related academic fields, I am also making good progress in acquiring the knowledge and skills required to be a general-purpose expert (concierge) in providing daily life support to local people.	<ul style="list-style-type: none">• Through my studies in "food," "welfare," and "multicultural studies," I have acquired not only the knowledge and skills that are fundamental for my future life support activities for local people, but also basic knowledge and skills in other fields that can be used in collaboration, giving me a wide range of life support abilities as a professional and as a pan-professional.• I am aware of my role as a concierge who can provide a wide range of life support activities for people, making use of my own expertise while drawing on knowledge and skills from different related fields, responding flexibly to the characteristics of the region and the diverse ways of thinking and lifestyles of the people living there.• I have been able to acquire and accumulate a wide range of knowledge and skills that will enable me to provide a wide range of life support to local people as a general-purpose expert (concierge), by cooperating and cooperating while making use of my own expertise, in collaboration with people who are studying to work as
	【Multicultural Course】 Students will obtain skills to support living in well hospitality with viewpoints of food and welfare. ①Students will aware of the nature of hospitality related to Japanese food and welfare. ②Students will improve their 'Omotenasi' hospitality skills with comparing foreign hospitality. ③Students will make appropriate hospitality for visitors.	<ul style="list-style-type: none">• I can think about the essence of the spirit of hospitality that is rooted in Japanese culture.	<ul style="list-style-type: none">• I can gather information about the benefits of Japanese cuisine and Japan's welfare policies, and consider ways to support daily life in the local community.	<ul style="list-style-type: none">• I will summarize the good things about Japanese cuisine and the current state of welfare in Japan, and improve my own hospitality skills.	<ul style="list-style-type: none">• I can practice the hospitality skills I have acquired with local communities and international visitors.
	【Multicultural Course】 Students will make intercultural exchanges with foreign students, tourists, and local people by using basic language skills (English, Hangul, Chinese, Japanese, etc.). ①Students will continue to acquire basic academic skills by learning methods of languages chosen by themselves. ②Students will actively talk with foreign visitors. ③Students will mediate with local people and foreign visitors.	<ul style="list-style-type: none">• I will proactively study a foreign language using optimal language learning methods outside of lectures.	<ul style="list-style-type: none">• I will actively communicate with international students and visitors from overseas and accumulate experience.	<ul style="list-style-type: none">• By using the foreign language I am studying, I can experience bridging the gap between local people and people from overseas.	<ul style="list-style-type: none">• I can use the foreign language I have learned to have intercultural exchanges with local people and visitors from overseas.

Ability to support and create local life 【Behavior, Experience and Creative thinking】	【Common to courses】 Students acquire the ability to view life as a whole by scientifically analyzing and understanding the elements of life, and have the creative thinking based on their experience, and are equipped with the skills required to become life support professionals who "learn in multiple areas and work in multiple areas."	• I understand that in order to revitalize the community and provide life support activities, it is necessary to scientifically analyze data on people's actual living conditions. • I recognize that the lifestyles of local people are extremely diverse and cannot be understood by only catching a glimpse of one aspect, and that the ability to take a broad, bird's-eye view of the broader aspects of life (life, living, existence) is necessary. • I recognize that in order to apply the basic knowledge and skills I am currently learning to practical life support activities, I need experiential knowledge and skills based on experience.	•I can use specific methods such as data collection and scientific analysis techniques to revitalize the community and provide support to people's daily lives. • I am beginning to acquire the ability to respond to the extremely diversified lifestyles of local people from a bird's-eye view by combining multiple levels of support for "life," "living," and "way of living" based on "food," "welfare," and "multiculture." • In addition to the basic knowledge and skills I am currently learning through classroom learning (mainly lectures), I am beginning to acquire experiential knowledge and skills from exercises and practical training.	•I am able to draw up and plan specific plans for collecting data from a wide range of fields and analyzing it in order to revitalize the community and support people's daily lives from a scientific perspective. • I am able to think and study from multiple perspectives, effectively combining the levels of support for "life," "living," and "way of living" with "food," "welfare," and "multiculture" as the foundations of life, in order to provide support activities that respond to the extremely diverse lifestyles of local people. • I have steadily acquired practical knowledge and skills through experiential exercises and practical classes on campus, and especially through off-campus community collaboration activities.	•I am able to carefully consider the results obtained from the collection and analysis of data from a wide range of fields in order to revitalize the community and support people's daily lives from a scientific perspective, and then come up with innovative ideas to embark on more effective support activities for people based on my own ideas. • In order to flexibly respond to the extremely diversified lifestyle orientations of local people and carry out support activities, I am able to take practical action in a multifaceted manner by effectively combining the levels of support for "life," "living," and "way of living" based on "food," "welfare," and "multiculture." • I have the practical abilities to be active in the real world as a life support professional, with the aim of engaging in community revitalization activities on campus, and especially off-campus, and improving people's <i>quality of life (QOL)</i> .
	【Multicultural Course】 Students will actively interact with local people, accurately grasp the needs, and act for problem solving. ①Students will actively create opportunities to talk with local people. ②Students will find local issues through interacting with local communities. ③Students will propose solutions to the problems found.	•I can learn from the track record of interactions with local people that has been cultivated up to now and identify issues and problems to support local life.	•Through interactions with the local community, I am able to consider effective solutions to problems that have remained as challenges until now.	•I can propose solutions to problems in local community interaction and put them into practice.	•I can examine the problem-solving methods I have implemented and use them in the next interaction.
	【Multicultural Course】 Students can analyze information on cultures and daily obtained through interaction with local people and foreign people and make it with own behavioral guidelines. ①Students will make efforts to gain cultural and life information through communicating with foreign visitors. ②Students will think about the coexistence environment of different cultures. ③Students will take actions toward the ideal environment against the real world.	•I can speculate on how international students and visitors can interact with local people.	•I will learn the importance of intercultural exchange while understanding the differences in awareness between people from overseas with different cultures and local residents.	•I will summarize the differences in lifestyles that arise from different cultures and spread awareness of the importance of exchange.	•I can discuss future ways of interaction with international students, visitors from overseas, and local people, and take it to the next step.